

Family Fun & Fitness

Walks in The Mackay Region

If getting active and exploring the great outdoors is important to your family, then a holiday in The Mackay Region is for you. With hundreds of kilometres of walking tracks, from the bush to the beaches and everything in between, there's much to discover.



1.

Bluewater Trail

There's no better way to explore Mackay than walking the Bluewater Trail. Incorporating picturesque sites including the Mackay Regional Botanic Gardens, Cathy Freeman Walk, Bluewater Lagoon, and Sandfly Creek Reserve - this is the perfect introduction to the city sights. Walk a section in an hour, or spend a day on the 20km loop - the choice is up to you!

Rating: Very easy

Discover: Between October and April, Sandfly Creek Reserve hosts around 20,000 migratory shorebirds.



2.

Kommo Toera Trail

This magnificent walking track allows you to meander under the shade of towering Melaleuca trees, to observe a distinctly unique wetland ecosystem diverse in wildlife and plant habitats. Located 15 minutes north of the CBD on Keelys Road, the Kommo Toera Trail is an easy 1km walk suitable for most families. Just be sure to pack insect repellent and watch out for snakes.

Rating: Very easy

Discover: Storm debris embedded amongst the tree tops, as a result of past cyclones.



3.

Cape Hillsborough

Four stunning bushwalks are available at Cape Hillsborough, sure to suit any family. Diversity Boardwalk (1.2km) and the Beachcomber Cove Track (2.2km) showcase spectacular plants and wildlife. Yuibera Plant Trail (1.2km) provides a glimpse into the Yuibera peoples traditional use of plants. Andrews Point Track (5.2km) rewards with breathtaking views.

Rating: Very easy to hard

Discover: On low tide, walk over to Wedge Island and check out the stunning rock pools.



4.

Finch Hatton Gorge

A wonderful landscape of waterfalls, lush flora and volcanic boulder formations make Finch Hatton Gorge a must-see attraction. Many walking tracks weave through the sub-tropical rainforest. Most popular is the journey to Araluen Falls (2.8km) and Wheel of Fire Cascades (4.2km). Two beautiful waterfalls with large rock pools that are ideal for swimming.

Rating: Moderate to hard

Discover: Unusual flora and fauna, such as the rare Eungella honeyeater.



5.

Peak Range National Park

Head west and explore a remote landscape of flat, dry scrubland interrupted by 4 prominent ancient volcanic peaks. At 572m, Wolfang Peak, offers 360° views and features an amazing cave system to escape the heat. Lord's Table Mountain is a remarkable flat-topped plateau, supporting open eucalypt woodlands. Gemini Peak is also well worth exploring.

Rating: Moderate to hard

Discover: Surrounded by flat landscapes, these peaks offer incredible panoramic views.